

# Allergic Reaction

Some people are allergic to certain foods, chemicals, medications and venoms following a sting. An allergic reaction can be severe and can be fatal within a matter of minutes if prompt medical treatment is not available. Most sufferers of anaphylaxis have an Anaphylaxis Action Plan and medication.

Are the following signs or symptoms present?

## MILD TO MODERATE ALLERGIC REACTION

- ▶ Swelling of lips, face and eyes
- ▶ Hives or welts
- ▶ Abdominal pain, vomiting



- ▶ Stay with casualty
- ▶ Give medications (if prescribed)



## WATCH FOR SIGNS OF ANAPHYLAXIS



## SEVERE ALLERGIC REACTION (ANAPHYLAXIS)

- ▶ Difficulty/noisy breathing
- ▶ Swelling of tongue
- ▶ Swelling/tightness in throat
- ▶ Difficulty talking and/or hoarse voice
- ▶ Wheeze or persistent cough
- ▶ Loss of consciousness and/or collapse
- ▶ Pale and floppy (young children)



**CALL AMBULANCE 000**



- ▶ Locate Anaphylaxis Action Plan
- ▶ Administer Auto-Injector  
**AS PRESCRIBED**

**OBSERVE:** Airway & Breathing

First Aid saves lives.  
Individual and group bookings available.  
**1300 367 428 | [redcross.edu.au](http://redcross.edu.au)**

These guidelines do not replace First Aid training. Red Cross College recommends that everyone is trained in First Aid.

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