

Bleeding

Your aim is to stop the bleeding. Check whether there is an object embedded in the wound.
Do not remove the embedded object, instead stabilise it.

EXPOSE THE WOUND

IS THE BLOOD:

Pumping from the wound?

Flowing from the wound?

YES

- ▶ If blood is **PUMPING**, apply direct pressure to the wound
- ▶ If blood is **FLOWING**, apply pressure to the wound with pad and bandage
- ▶ **ELEVATE** the injured part
LAY casualty down
- ▶ **MAINTAIN PRESSURE**
- ▶ **CALL AMBULANCE 000**

NO

IS THE BLOOD:

Just oozing from the area?

IS THERE:

Dirt in the wound?

YES

- ▶ **FLUSH** with clean water or saline
or
- ▶ **CLEAN** carefully around the wound with disposable wound cleaning swabs
- ▶ **ALLOW** to air dry before covering
and
- ▶ **COVER** the wound with an appropriate sized sterile dressing or adhesive dressing strip.

- ▶ **PRESSURE** should be applied with a bandage over a sterile dressing. If these are not immediately available, any clean material should be used.
- ▶ **AVOID** using bare hands unless there are extreme circumstances. Use gloves if available to prevent cross infection. If possible, the casualty should apply pressure to own wound.
- ▶ **DO NOT** over-tighten the bandages as this may cause pain and possible loss of circulation in the affected limb.
- ▶ **OBSERVE AND TREAT FOR SHOCK AS NEEDED. KEEP THE PERSON CALM AND RESTED.**

First Aid saves lives.
Individual and group bookings available.
1300 367 428 | redcross.edu.au

These guidelines do not replace First Aid training. Red Cross College recommends that everyone is trained in First Aid.

the
power of
humanity

