

# Burns

If the casualty is on fire: **STOP, DROP, COVER AND ROLL** the casualty to extinguish the flames.

## IS THE AREA SAFE?

- ▶ **MAKE** area safe or remove casualty
- ▶ **TURN OFF** electrical power (if applicable)
- ▶ **AVOID** contact with flames, dangerous chemicals and toxic inhalations

Does the casualty respond to voice and touch? Is the casualty breathing normally?

**NO**

### Follow DRSABCD

- D – Check for **Danger**
- R – Check for **Response**
- S – **Send** for help. Call 000
- A – Open **Airway**
- B – Check for normal **Breathing**
- C – Start **CPR** (Cardio Pulmonary Resuscitation)
- D – Attach **AED** (Automated External Defibrillator)

**YES**

### FOR ALL BURNS:

- ▶ **COOL** the burned area **WITH COOL RUNNING WATER** for **20 MINUTES**
- ▶ **COVER** the burned area with **LOOSE, LIGHT DRESSINGS** preferably sterile non-stick burns dressings or plastic wrap

### CALL AN AMBULANCE OR SEEK URGENT MEDICAL ATTENTION for any burn which:

- ▶ has caused great difficulty breathing
- ▶ the area is greater than the size of the person's palm
- ▶ is on the head, face or genital area
- ▶ affects a large area
- ▶ involves chemicals, explosions or electricity

First Aid saves lives.  
Individual and group bookings available.  
**1300 367 428** | [redcross.edu.au](http://redcross.edu.au)

These guidelines do not replace First Aid training. Red Cross College recommends that everyone is trained in First Aid.

the  
power of  
humanity

